**Body Shape Types**

**Company: JumpCut Theatre**

**Production: Username**

**Designer Documentation (Set, Costume and Props): Rosalie Chase**

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| **Body Shapes Types**  | **Descriptions**  |
| **The Neat Hourglass**  | **Build is characterised by:**A defined bustA defined waistA neat bottomNeat hips |
| **The Full Hourglass** | **Build is characterised by:**Larger thighsA rounded bottom and hipsA small waistA fuller bust  |
| **The Apple** | **Build is characterised by:**Rounder shoulder line and flattish bottomAverage to big bustFullness around the middle areaGood legs |
| **The Pear** | **Build is characterised by:** Full hips or thighsA defined waistShoulders that are narrower than your hipsA small top half A small bust |
| **The Inverted Triangle** | **Build is characterised by:** Bottom half is smaller than your top Little definition between waist and hipsFlat hips and bottomStraight and squared shoulder line |
| **The Lean Column** | **Build is characterised by:** Narrow shouldersFlat chest or small bustSmall and non-defined waistNarrow hips and flat bottom  |
| **The Rectangle**  | **Build is characterised by:** Straight shoulder line and ribcageStraight hips and bottom Very little waist definition Average tummy  |